CONQUER TODAY EQUIPMENT

5-1-30

A WEEKLY GOAL AND TASK SHEET TO BUILD YOUR LIFELONG LEGACY

[1] YOUR 5-1-30 WEEKLY GOAL AND TASK SHEET

Far in the future, who will you be? What will you be doing, who will you be with, and what will be your legacy?

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Far in the future, who will you *never* be? What will you avoid, and what will never be said about you?

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In five years, what will you accomplish to become the hero of your own story? What SMART goals are ahead of you?

1. _____
2. _____
3. _____
4. _____
5. _____

In one year, what are your SMART goals? Can you break down your five-year goals into milestones that inspire you?

1. _____
2. _____
3. _____
4. _____
5. _____

[2] YOUR 5-1-30 WEEKLY GOAL AND TASK SHEET

In thirty days, what benchmarks will you hit to stay on track? What should be your primary focus?

1. _____
2. _____
3. _____
4. _____
5. _____

This week, what are your objectives? What are your mini-SMART goals that build up to your thirty-day benchmarks?

1. _____
2. _____
3. _____
4. _____
5. _____

What are the small, simple tasks I must complete this week in order to reach my five-year goals and onward, building the life and legacy I deserve?

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