CONQUER TODAY EQUIPMENT

SKILL TREE

A HABIT UPGRADE PROCESS TO OUTLINE AND MONITOR YOUR SUCCESS

THE HABIT SKILL TREE

It's not easy to master a new habit… But it *is* simple. Set your goal, find your daily habits, and get to work. Rinse and repeat.

The problem is, many people get discouraged and feel like a lack of willpower is holding them back.

Instead, use this habit skill tree to make use of instant gratification, starting small, and seeing your progress in real time.

Pick your overall class skill you'd like to train: business building, physical fitness, knowledge, zen, or anything else under the sun.

Then, pick the three *primary* habits you know you need to consistently complete and track. Each time you complete three weeks of habits, you'll level up. Upgrade your current habits, or pick some new ones.

Reach mastery.

We've given you an example skill tree already filled out, and then the blank template is yours to work through.

Good luck, conqueror.

Warrior Training

LEVEL ONE

50 Pushups	20 Pullups	100 Squats

M	T	W	H	F	S	U

LEVEL TWO

75 Pushups	40 Pullups	150 Squats

M	T	W	H	F	S	U

LEVEL THREE

100 Pushups	60 Pullups	200 Squats

M	T	W	H	F	S	U

LEVEL ONE

LEVEL TWO

LEVEL THREE

M	T	W	H	F	S	U